

# Medium Light Houseplants

Plants can adapt easier to medium light. Many can even thrive since their natural habitats are shaded by tree canopies. Depending on how many hours of medium light you have available & the type of plant, legginess & lack of variegation can occur.

Keep in mind for plants, Light = Food

## What is medium light?

- Direct East facing light
- 6-8 feet from an unobstructed South or West facing window
- Grow lights positioned midway from plant.
- Darker corners of a bright sunny room
- A room that only receives light for half of the day

Below are plants that can adapt and thrive in medium light: (spp. Abbreviation for multiple species)

- African Violet
- Algaonema
- Alocasia
- Asparagus Fern
- Bamboo Palm
- Caladium
- Calathea/Goepertia
- Cast Iron
- Cat Palm
- Christmas Cactus
- Coffee Arabica
- Coleus
- Colocasia
- Creeping Begonia
- Ctenanthe
- Dracaena
- English Ivy
- Epiphytic Cacti
- Ferns
- Ficus – some will acclimate
- Fittonia
- Grape Ivy
- Jasmine
- Juniper Bonsai
- Kentia Palm
- Neanthebella Palm
- Oxalis – Shamrock
- Pachira – Money Tree
- Peace Lily
- Pepperomia spp.
- Phalaenopsis
- Philodendron spp.
- Pilea spp.
- Polka Dot Plant
- Pothos
- Purple Passion
- Rhapis Palm
- Sansevieria
- Selaginella
- *Soleirolia soleirolii*
- Spider plant
- Strawberry Begonia
- Stromanthe
- Sugar Vine
- Syngonium
- Tradescantia